

Snack Schedule

Week #	Monday	Tuesday	Wednesday	Thursday	Friday
1	Trail Mix $\frac{1}{2}$ fruit 2L milk	$\frac{1}{2}$ Bagel With cream cheese 2L juice	$\frac{1}{2}$ fruit pretzels 2L milk	2 pieces cheese crackers 2L juice	Small muffin 2L milk
2	Oatmeal cookies raisins 2L milk	One Pizza bun 2L juice	Vegetables Box of crackers 2L milk	$\frac{1}{2}$ fruit Pretzels 2L milk	2 pieces cheese crackers 2L juice
3	2 pieces cheese crackers 2L juice	One granola bar & Fruit 2L milk	$\frac{1}{2}$ Bagel With cream cheese 2L juice	Oatmeal cookies raisins 2L milk	Vegetables Box of crackers 2L milk
4	$\frac{1}{2}$ fruit pretzels 2L milk	2 pieces cheese crackers 2L juice	Trail mix $\frac{1}{2}$ fruit 2L milk	Vegetables box of crackers 2L milk	Oatmeal cookies raisins 2L milk
5	Oatmeal cookies raisins 2L milk	$\frac{1}{2}$ Bagel With cream cheese 2L juice	2 pieces cheese crackers 2L juice	One Pizza bun 2L juice	Vegetables box of crackers 2L milk

AMOUNT: please make 23 snack portions to allow for spills/accidents

- Fruit/vegetables - any variety, but portion size equivalent to $\frac{1}{2}$ piece
- Trail mix: use whatever you have in your cupboard :
cereals, dried fruit, pretzels, fishes, marshmallows, etc.
- Muffin: Banana, carrot, blueberry, etc.

NO NUTS OF ANY KIND!